

# **Babu Anant Ram Janta College Kaul, Kaithal**

## **Best Practices: Session 2018-19**

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### **Best Practice I:**

#### **Attention to Sports and Sportspersons:**

At Babu Anant Ram Janta College, Kaul (Kaithal), it is believed that Sports is an integral part of holistic education. Sports education develops the overall personality of the students. It plays a pivotal role in shaping one's personality and maintaining good health. Sports has bring laurel to the college.

#### **Objectives of the Practice:**

- ❖ Talent search at micro level and appropriate training.
- ❖ Monitoring at regular intervals to enhance performance towards excellence.
- ❖ To ensure excellent Sports Infrastructure Development & Maintenance is carried out by the institution
- ❖ To provide students training, fitness opportunity and guidance.
- ❖ To take sportspersons to different inter college, zonal, inter-university level and state level, national level and international level competitions and tournaments for exposure.
- ❖ To encourage the students to take up sports related careers.

#### **Observation of the Practice:**

Students of the college always show keen interest in sports irrespective of their streams i.e. B.A, B.Com, B.Sc (Non-Medical), B.Sc Sports, D.P.Ed. They are trained and tutored in the sport of their choice and skill. The college has facilities and grounds to play games like Volley Ball, Foot Ball, Basket Ball, Badminton, Kabbadi, Athletics, Gymnastics, Handball, Wrestling, Judo and Kho- Kho. The sportspersons can make use of these grounds for their sports. It is available for students as well as for the nearby locality people.

#### **Evidence of Success:**

The college has attracted many budding sportspersons from schools who take admission to make use of the sporting infrastructure of the college. Many players from the college won awards in tournaments:

- ❖ The college students Manish, Ankit, Sohan Lal, Ajay, Sandeep won “Bronze Medal in Kho-Kho” at All India Inter University Kho-Kho Championship at Faizabad from 06-09-2018 to 09-12-2018.

- ❖ The college men team won “Gold Medal in Boxing” at KUK Inter College Boxing Championship at KUK from 02-01-2019 to 04-01-2019.
- ❖ The college men team won “4th position in Football” at Inter College Football Championship at KUK from 17-09-2018 to 20-09-2018.
- ❖ The college men team won “Gold Medal in Kho-Kho” at Inter College Kho-Kho Championship at KUK from 24-10-2018 to 26-10-2018.
- ❖ The college team won “Gold Medal in Kho-Kho” at District Kho- Kho Championship at Barsana from 17-10-18 to 18-10-2018.
- ❖ The college team won “Silver Medal in Kho-Kho” at Haryana Senior State Kho-Kho championship at Panipat from 26-01-2019 to 27-01-2019.
- ❖ The college team won “Gold Medal in Kayaki” at Kayaking Inter College Championship at KUK from 27-01-2019 to 28-01-2019.
- ❖ The college team won “Bronze Medal in Wrestling” at Inter College Wrestling Championship at KUK from 3-10-2018 to 4-10-2018.
- ❖ The college men team won “Silver Medal in VolleyBall” at Haryana Senior State(M/W) Volleyball Championship at village Munjura, Karnal from 31-10-2018 to 02-11-2018.
- ❖ The college team won “Bronze Medal in VolleyBall” at Dr. Harbhajn Singh Volleyball Championship at Rahon (Punjab) from 06-12-2018 to 8-12-2018.
- ❖ The college student Anil Kumar won “Bronze Medal in Kayaking” at All India Kayaking Championship, Pathankot from 18-03-2019 to 20-03-2019.
- ❖ The college students Yash and Sumit won “Gold Medal in men Boxing” and “Silver Medal in All over boys Boxing” at All India Inter University Boxing Championship, Udaipur during March 2019.
- ❖ The college team won “Silver Medal in All over Women Boxing” at All India Inter University Boxing Championship, Udaipur during March 2019.
- ❖ The college student Raman won “Bronze Medal in Kho-Kho” at North Zone Inter University Kho Kho Championship, Faizbad from 29-11-2018 to 03-12-2019.
- ❖ The college team won “Gold Medal in Volleyball” at District Level Khel Mahakumbh, Kaithal from 05-10-2018 to 06-10-2018.
- ❖ The college team won “Bronze Medal in Volleyball” at State Level Khel Mahakumbh, Karnal from 13-10-2018 to 15-10-2018.

## **Best Practice-II**

### **Preservance and promotion of Culture of Harayana:**

The college is contributing extremely in preserving the cultural heritage of the state. A number of cultural activities are performed during the year with the active participation of both boys as well as girls students, which helps in promoting the rich cultural heritage of the Haryana state. The situatedness of the college which is primarily rural one is also contributing a lot in this regard. The college participates in Inter-zonal, zonal and Ratnawali/ Haryana Day celebration in almost all items and has won prizes. Cultural items such as Haryanavi Drama, Haryanavi choreography, Haryanavi Documentary, saang, choupal, Haryanavi folk song, ragani, are the regular items in which students are participating and excelling. College takes help of teachers and professional coaches and is being benefited largely by their past experience. Many students from the college participated in these activities. In this way college is providing a suitable platform for promotion and preserving of Haryanavi cultural heritage which is otherwise distinctive to the vision, priority and thrust area of an educational institution.

### **Objectives of the Practice:**

To promote the Haryanvi culture among the youth.

To search hidden talent at micro level.

To take students to different inter college, zonal, inter-university level and state level cultural activities.

### **Observation of the Practice:**

Students of the college always show keen interest in cultural activities irrespective of their streams i.e. B.A, B.Com, B.Sc (Non-Medical), B.Sc Sports, D.P.Ed. Students participate in different college, zonal, inter-university level and state level cultural activities. Many prizes are won by the students in cultural activities which bring laurel to the college.

### **Evidence of Success:**

The college has participated in various cultural activities at inter college, zonal, inter-university level and state level cultural activities. College won the following prizes in cultural activities:

- ❖ The college team of 6 participants won “First position” in District level Science Quiz Competition” held at Dr. Bhim Rao Ambedkar Govt. P.G College, Kaithal on 6-9-2018.
- ❖ The college team of 5 participants in District level Science Essay Competition” held at Dr. Bhim Rao Ambedkar Govt. P.G College, Kaithal on 26-9-2018.
- ❖ Zonal Youth Festival organized by Babu Anant Ram Janta College, Kaul from 03-10-2018 to 5-10-2018.

<b>Event</b>	<b>Date</b>	<b>No of participants</b>	<b>Position</b>
HARYANVI POP SONG	03-10-2018	12	Recommended
RITUALS	03-10-2018	12	Recommended
GROUP DANCE GENERAL	03-10-2018	10	Recommended
SOLO DANCE HARYANVI (F)	03-10-2018	01	Recommended
SOLO DANCE HARYANVI (M)	03-10-2018	01	Recommended
RASIYA GROUP DANCE	03-10-2018	10+2	Recommended
GROUP DANCE (HARYANVI )	04-10-2018	10	Recommended
POETICAL SYMPOSIUM (HARYANIVI)	04-10-2018	1	Recommended
CHOREOGRAPHY	04-10-2018	12	Commended
HARYANVI SKIT	04-10-2018	06	Commended
MIME	04-10-2018	06	Commended
FOLK SONG HARYANVI SOLO	04-10-2018	01	Commended
CARTOONING	05-10-2018	01	Commended
DECLAMATION OF SANSKRIT	05-10-2018	01	Commended
MIMICRY	05-10-2018	01	Commended
SAANG	04-10-2019	09	Commended
COLLAGE	05-10-2018	01	3rd Position