

Babu Anant Ram Janta College Kaul, Kaithal

Best Practices: Session 2019-20

Best Practice-I

Attention to Sports and Sportspersons:

Utilization of sports in education and training is a holistic and multidimensional issue. Through sports activities, it's easy to start communication with young people from different streams. At Babu Anant Ram Janta College, Kaul (Kaithal), it is believed that Sports is an integral part of holistic education. Sports education develops the overall personality of the students. It plays a pivotal role in shaping one's personality and maintaining good health. Sports has bring laurel to the college.

Objectives of the Practice:

The college is known for its excellence and dedicated efforts in making sports popular among students. Undoubtedly sports are always an essential component of a liberal education. Babu Anant Ram Janta College is committed to inspire, encourage and empower young students towards games. Sport provides students with much more than stronger and fitter body. We believe that it has a huge impact on positive self-esteem. The aim is to nurture confidence, social skill, ambitions, team work and ability to deal with setbacks. Playing sports boost the youth and instil pride among them. College has produced many international and national level sports person.

Observation of the Practice:

Students of the college always show keen interest in sports irrespective of their streams i.e. B.A, B.Com, B.Sc (Non-Medical), B.Sc Sports, D.P.Ed and DSPC. They are trained and tutored in the sport of their choice and skill. The college has facilities and grounds to play games like Volley Ball, Foot Ball, Basket Ball, Badminton, Kabbadi, Athletics, Gymnastics, Handball, Wrestling, Judo and Kho-Kho. The sportspersons can make use of these grounds for their sports. It is available for students as well as for the nearby locality people.

Evidence of Success:

The college has attracted many budding sportspersons from schools who take admission to make use of the sporting infrastructure of the college. Many players from the college won awards in tournaments:

1. The college Volley Ball team (Men) won 4th position at Inter college Volleyball Championship at Y.I.E.T. College, Gadholi (Yamunanagar) from 11-10-2019 to 12-10-2019.

2. The college student Rajat Sharma won “Gold Medal in Volley Ball Men” at All India Inter University Volleyball Championship, Bhuvneshwar, Odisha from 02-02-2020 to 06-02-2020.
3. The college student Rajat Kumar won “Gold Medal in Volley Ball Men” at 1st Khelo India University Games in Bhuvneshwar, Odisha from 22-02-2020 to 25-02-2020.
4. The college students Narender Kumar, Ashutosh, Sushil Kumar won “Gold Medal in Volleyball” at Haryana Senior State(M) Volleyball Championship at Makrana, CharkhiDadri from 27-02-2020 to 29-02-2020.
5. The college Volleyball Men team won “Silver Medal in Volleyball” at All Haryana Inter Collegiate (Men and Women) Championship at B.A.R. Janta College, Kaul from 05-03-2020 to 08-03-2020.
6. The college Boxing team men won “ All over Gold Medal” at KUK Inter College Boxing Championship at KUK on 11-11-2019.
7. The college Boxing women team won “All over Bronze Medal” at KUK Inter College Boxing Championship at KUK on 11-11-2019.
8. The college students- Summit kumar won “Gold Medal”, Yash Pal and Ankit Kumar won “Two Silver Medals” and Ankit Kumar won “Bronze Medal” in Boxing at 1st Khelo India University Games, Bhuvneshwar, Odisha from 25-02-2020 to 01-03-2020.
9. The college student Rajat Kumar won “Gold Medal in Volleyball” at 1st Khelo India University Games, Bhuvneshwar, Odisha from 21-02-2020 to 24-03-2020.
10. The college students- Summit Kumar won “Gold Medal in Boxing”, Yashpal won “Silver Medal in Boxing” and Ankit Kumar won “Bronze Medal in Boxing” at All India Inter University Boxing Championship at CCS, Meerut from 26-12-2019 to 02-01-2020.
11. The college student Ashish Kumar won “Bronze Medal in Kayaking” at KUK Kayaking Inter College Championship at KUK from 03-02-2020 to 04-02-2020.
12. The college students Vikram and Ravi won “Bronze Medal in Karate” at KUK Inter College Karate Championship at KUK on 29-12-2019.
13. The college student Simran won “Bronze Medal in Wushu” at KUK Inter College Wushu Championship at KUK during 2019-20.
14. The college student Aarman won “Silver Medal in wrestling” at KUK Inter Wrestling Championship held at KUK during 2019-20.

Best Practice-II

Title of the Practice- Each One Teach One:

Youth plays an important role in the development of a nation. Youth can lead a nation towards some really high achievement levels. If youth take their interest in these activities, they can help out in achieving some really surprising results and also can help in creating a lot of awareness among the people. Each one Teach one is a practice in which students teach children and even people of elder age in their nearby surroundings.

The context that required the initiation of the practice:

Education is an important part of the human growth, without which it becomes quite difficult for a human to grow and flourish. Our students are our strength. They can play a catalytic role in various social initiatives in myriad ways. The slogan “Each one Teach One” is a motivational tool for our students to understand their moral and social responsibility of teaching children at primary and secondary levels.

Objectives of the practice:

It would not be wrong to say that education is the determining factor between success and failure of an individual. The development of an individual is closely related to his proper education such as moral training, behaviour, knowledge of self and kind, and understanding the world in general. Education is something that everyone needs and its importance is demonstrated in our daily lives in the form of decisions that we make in our lives. College Students teach children and even old people in their nearby place. This practice of each one teach one helps a number of people who want to study but cannot go to school due to many factors in their lives. This practice not only helps the deprived ones but students of the college also get benefitted from it by getting familiar to some basic concepts which they can't remember till now.

The Practice:

In college, each department makes a list of such student volunteers who have got the will and skill to take part in this social cause. These students are motivated to make a group of students of primary classes, secondary classes and old age people in their neighbourhood for giving them regular coaching in various subjects. Students should maintain a record of activities. Students doing this moral task should be given due recognition at the department or at the College level as this will motivate others to come forward and contribute in better ways.

Obstacles faced if any and strategies adopted to overcome them:

The biggest obstacle is that the children are not regular in attending the classes due to the unavoidable factors at their side. That discourages the students who are keen to teach them. During college exams, students have to take break from teaching these children.

Impact of the Practice:

The idea of working for a social cause gives an immense sense of satisfaction and peace of mind. It is a really noble cause that may change the whole life of an individual being taught. Apart from mental satisfaction, the progress of the country is also directly related to the education level of the country. Student taking up this teaching work felt highly embolden and confident. They admitted that by teaching mathematics, science and languages at the secondary class levels they relearn most of the concepts which helps them in improving their performances in their respective courses. Students preparing for competitive examinations find that teaching these students helps them in learning basic skills in various subjects.

Resources Required

Funds are not required for this activity.